The Lions' Pride

THE LIONS' PRIDE MEDIA GROUP

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SLU Elects New E-Board

New Board Members Promise Change

By John Hall
Editor-In-Chief/Layout Editor

On Wednesday Feb. 6 the results of the most recent Student Government Union Executive Board rolled in. Some greeted with shock and awe, while others' expectations were metered with the drive of their campaign.

The incumbent members of the new Executive Board include President Celine-Deon, Vice President of Communications Management , Vice President of Finance, Vice President of Operations and Vice President of Activities Marquise McGill.

The functions of the positions are as follows:

•President- Oversees Student Government Union and all functions and responsibilities of SGU

•Vice President of Operations- Oversees Senate and Leadership Conferences

•Vice President of Activities- Oversees CAB (Campus Activities Board) and plans events for SGU

•Vice President of Finance- Handles SGU budget and allocations for SGU recognized clubs

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The Office of President of the Student Government Union, is the highest office students can hold on the Executive Board and was attained by Celine-Deon Palmer.

After being a part of the Campus Activity Board's Executive Board, Marquise McGill attained the position of Vice President for Activities.

Photos by: The Lions' Pride

Meet The New Senators

By Phillip Waitkevich
Contributing Writer

For the past two meetings, the Senate has been dedicated to replacing the senators who resigned last semester. The senators who resigned were Kelly Ambrosi, Ashley Berrio, Keishawn Mendez (the chair of the freshman committee) and Maggie Sroka. Out of the eight potential candidates suggested by the Judicial Committee, the four selected were Christopher Feliciano, Quiwanaki Ramsey, Amanda Luce and Vincent Toner.

Christopher Feliciano is a first-year social work major from New Jersey. Outside of Senate, Feliciano is involved in the Traditions committee on the Campus Activity Board, along with First Year Experience and he really wants to get involved with the Environmental Committee.

"I wanted to become a senator to make sure that my class has the voice they need… and that me and other freshman senators make sure that the freshman class enjoys their four years at Saint Leo," said Feliciano.

Feliciano has been elected the new chair of the freshman committee and has already begun work on the class events.

"Get ready [Freshmen,] because we have a lot of stuff planned," stated Feliciano.

Quiwanaki "Q" Ramsey is a second-year political science major from Jacksonville, Florida. He has previously held leadership roles in the YMCA Youth and Government, which is a YMCA program that helps kids propose and lobby for bills in the state government. Ramsey is currently involved in the Pi

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Photos by: Kadyann Stupart

Inside This Week

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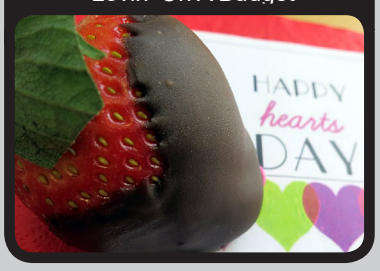
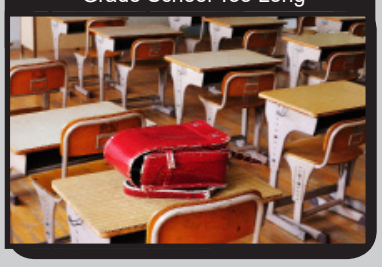
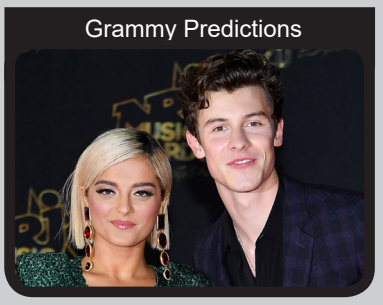


From The Land of Smiles to Sunshine State

Grade School Too Long



Grammy Predictions



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Editorials

Grade School - The Building Blocks of Life

By Keva N. Lockhart
Staff Writer

Behold the human, after birth,;a baby would go through various developmental stages that would enable them to become a fully functioning human. Grasping onto things, crawling, walking and talking are iconic events in one's life. Comparatively, different grade levels in the educational system teach kids different skills and the subsequent grade level enhances those skills. It's imperative to consider how kids can go from "1,2,3" to "y=mx+b" or from reading a Peter and Jane book with simple sentences to reading a research article with complex sentences that requires understanding. The answer is quite simple, that with every grade level comes different learning experiences.

According to The National Education Association's article "Why We Care About the K in K-12," kindergarten is vital to the educational development of children.

It is highly concerned with ensuring that kids can comfortably transition from kindergarten to primary school and so on. In this article, studies have shown that teachers are concerned that too many students, especially students that come from low-income homes enter elementary school disadvantaged. This is a result of their cognitive, social, language and emotional skills being inept that would enable success in school. Kindergarten is where the foundation of learning begins. Kids are taught how to spell and write their names, begin learning letters, become familiar with sight words and sounds, read, learn to tell stories and understand how to use a book, just to name a few.

Above all, as time progresses and students cross over from kindergarten to enter elementary school, this is where the concepts they learned from kindergarten are refined. Elementary school seeks to provide basic reading, writing and computation skills. Furthermore, in elementary school, students should be able to identify and maintain basic social roles. They would learn to build their vocabulary and become familiarized with concepts, symbols and rules. Hence, different grade levels in school will have a profound effect on the development of children, both academically and socially.

According to "School and Children: The Middle Childhood Years" published by Edgar Epps and Sylvia Smith, in elementary school, kids are taught basic literacy, computational and conceptual skills. At this stage, kids also develop cognitive skills that would enable them, to solve complex problems. Additionally, kids begin to realize their various learning styles and choose suitable study habits for themselves. Elementary school exhibits what skills were taught in kindergarten and will enhance those skills.

On the other hand, high school is where all the fundamental skills adapted from kindergarten and elementary school become highly enhanced and requires a greater level of efficiency.

In high school is where teachers expect greater skills and responsibility of students, based on fundamental skills and values they were taught in previous years. Therefore, the sentence "I forgot my homework at home" is least expected. In high school, students should have a sense of independence. Hence, students should not have to rely on teachers or parents to remind them of their responsibilities.

In preparation for the work field, high school is where students learn skills such as responsible decision making, for example, should they study or hang with friends? Organization, being prepared for class and having necessary materials are also important, not to forget, collaboration/ group work. In high school, teachers aim to allow students to work together to get a feel of how it will be working for a company/ organization and in college. Additionally, and most importantly, high school is where students should begin to think about what prospective careers and which subjects to select to gain a greater understanding of the selected career path.

Kara Winkler, the Coordinator of the Education Department at Saint Leo University, stated that she has two kids in elementary school. She strongly disagreed that students are in school too long from grades k-12. The 13 years that kids are in school is a great amount of time for them to learn various skills that would make them proficient students in college. Winkler stated that each year students enter different grade levels, it is a way of them to build on what they were taught in previous years. Most importantly, she mentioned that when kids are in school from k-12, it allows them time to grow mentally and emotionally.

Above all, the education system from k-grade 12 is vital in every aspect of students' lives. It's a developmental process that should exhibit progress at every sequential grade level. Skills and lessons are built upon to provide greater efficiency and prepare students for the next grade level and eventually college and the work field.

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- Faculty: Include name and rank
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Children are taught fundamental skills which can be a foundation for them in subsequent grade levels.

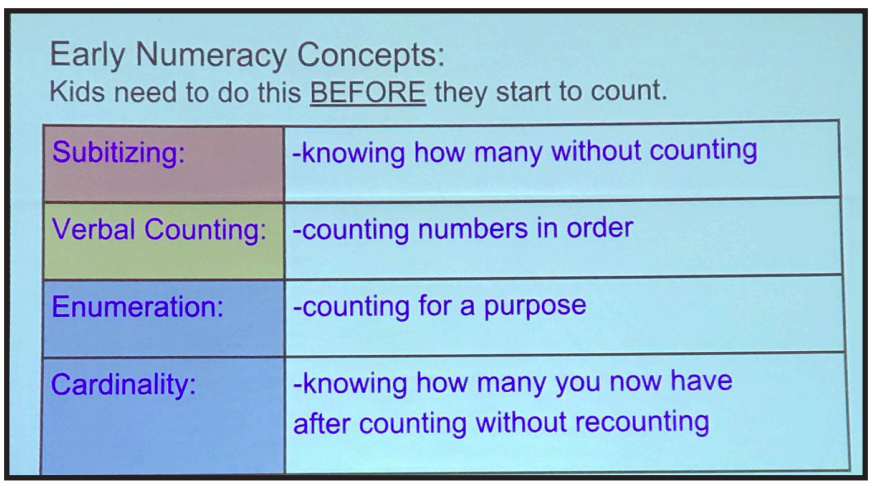

Photo taken from: @DDSB_CCEL

Campus News

SLU Elects New E-Board Cont'd

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•Vice President of Communication Management- Oversees SGU social media platforms, records minutes at all SGU meetings (SGU, Senate, Appropriations, etc.), and oversees President's Council

Marquise McGill who ran unopposed was thankful for the support of those that voted for him, promising to continue to put the student first and build a more efficient, fun and activity based platform on campus.

Each candidate ran on the platform of bringing change and a deeper sense of community to University Campus while bolstering school spirit.

McGill when asked why he wanted the position of Vice President of Activities stated, "I wanted to fill University Campus with more activities for the students, allowing them to grow closer together."

McGill's first action in office is becoming a part of a program that will be able to safely document volunteer hours for students.

Likewise newly elected President Celine-Deon Palmer. Prior to the election Palmer was asked why she wanted the position of President to which she said, "I genuinely love and care about this institution. Ever since arriving here, Saint Leo has become my home away from home, I have served it in multiple capacities and believe that it is destined for more.

Palmer continued, "I am prepared to work to make this school a place our student population love and believe in, not only while I am here but long after I am gone. I believe that I am the right person for the post. I can lead the upcoming executive board into a year of dedication and service where I will see to it that previously started projects will be brought to life."

I plan to also inspire initiative for new ways to show the student body that we are here to support their college career, which encompasses not only academic success but opportunities in all areas of their time here," said Palmer.

The new Executive Board of the Student Government Union stands on what seems to be the precipice of change, as many new additions are planned for the University including Main Campus.

The other new members included Ryan Roper, Giulia Gourgue and Geshon Pratt that promise to be a transparent group of individuals accountable to the student body.

Photos by: The Lions' Pride

Meet The New Senators

Continued from Page 1

Sigma Alpha Honors Society and the Debate Club; he is a returning senator.

"I was very happy when I got the opportunity to come back [to the Senate] because I love Senate and…the role it plays in the community as a whole," said Ramsey.

Ramsey plans to continue his work with the Judicial Committee on improving the SGU constitution and bylaws. He was the chair of the committee last year and stated, "I can't wait to get back to work."

Amanda Luce is a senior, math major with an economics minor and is also part of the honor's program. She is a returning senator who has already been a chair or member of several committees. In fact, she has already become involved with the Research and Marketing Committee.

"I like serving as a Senator [because it allows me] to stay involved on campus and [to] help shape Saint Leo to be a better place for student life," wrote Luce.

Vincent Toner is a third-year theatre major from New York and he currently commutes from Tampa. Toner is actively involved in the theatre program and has recently become a student ambassador. He also wants to get involved with the Activities Committee or the Research and Marketing Committee, "I really wanted to get involved with a lot of what the campus had to offer," explained Toner.

Toner hopes that he can serve as a voice for the Saint Leo community as a whole. He advises everyone to get involved on campus so that they can get a sense of inclusion and purpose.

The committees were also very busy during these past two meetings.

The Research and Marketing Committee proposed a Senate Week, where each weekday a committee would present itself to the student body, saying what it does and what it can help people with specifically. They are also trying to re-establish communication with Career Services because the person they were working with on getting more jobs to Handshake left the school. They are trying to get the new Vice President of Student Affairs, Jen Shaw, involved with this project as well.

The Appropriations Committee, allocated funding for two organizations to go to a conference.

The Activities Committee proposed a Valentine's Day event and a Field/Water day.

The Judicial Committee proposed and passed an amendment that gave the VPCM more responsibilities over clubs. The VPCM is now responsible for the recording, management and communication of club standings.

The Freshman Committee began selling tickets for the Freshman class trip to Top Golf. The trip will take place Feb. 10 and costs $15 per ticket; it is a freshmen-only event.

The Sophomore Committee is finalizing the scholarship opportunity for sophomores. It also plans to have a pool party with a D.J. and food trucks March 30.

The Junior Committee plans on having a dinner cruise as their class trip.

The Lions' Pride Media Group will be live streaming the SGU Executive Board candidates' panel Feb. 4. This panel will be an opportunity for students to ask questions and meet the people running for next year's executive board, so stay tuned.

Photos by: The Lions' Pride

New Senators Quiwanaki Ramsey (Above) and Christopher Feliciano (below) are eager to serve the students.

Photos aken from: @gramha

Lifestyle

Lovin' On A Budget

By Brianna Pearson
Campus News Editor

Valentine's Day is coming up, and it is time to start planning. Everyone always wants to go all out for their special someone, but we are all living on a college budget so here are some ways to make the day special without breaking the bank.

The first thing you'll need to get is a bouquet of flowers, but there is no need to spend $50 on some roses when there are other options. The best place to go for beautiful flowers on a budget is Publix! They sell small bouquets for three for $12. These smaller bouquets include beautiful flowers like roses, carnations, baby's breath and sometimes sunflowers. You can always get three individual bouquets, or you can go up to the florist in Publix and ask them to wrap the three together and make them look uniform; this is the perfect way to customize something and make it special.

Next you need to get a nice snack. One of the most common foods bought during this time is chocolate covered strawberries, but they can get expensive. Once again, the best place to get these is Publix. Located in the Publix bakery, each strawberry cost .99 cents. Usually, Publix offers a special box of chocolate covered strawberries in the shape of a heart during February; one dozen will cost you less than $15, and they taste amazing. Their strawberries are always fresh, and the chocolate is crispy and delicious.

Photo credit: wikimediacommons

One of the most common foods bought during this time is chocolate covered strawberries; one of the most inexpensive places to buy them is Publix as each strawberry only costs .99 cents.

Photo credit: @DollarTree

Dollar Tree has all of your Valentine's Day needs including cards and decorations that won't break the bank!

You also can't forget the candy on Valentine's Day, and there are two good places to stop for that. If you aren't looking for a ton of candy, just enough to share with one person or so, the best place to stop is the Dollar Tree. The closest Dollar Tree is located at the Grove near the Cobb Theatre. Each bag of candy is only one dollar, but they are smaller bags than other places offer. They do have all of the most loved name brands though like Hershey's, Reese's cups and SweeTarts. If you are in need of a larger quantity of candy, the best place to go is Walmart. A 24-ounce bag of Snickers, 3 Musketeers and Milky Way cost $6.98 which is a better deal.

A lot of people like to go out for dinner on Valentine's Day as well, but that can get pricey. A cheaper and more sentimental option is to go out for a picnic; pack up a lunch or dinner and drive to a park, Tampa's Riverwalk or even just a place on campus. That is a very special alternative to spending $60-$100 on dinner.

If you are the type of person who likes to decorate, Dollar Tree is the place to go. It sounds shocking, and you probably think that it will look as cheap as it is, but the decorations this year are the best yet. They have really pretty wood signs that say, "Happy Valentine's Day" or "I love you" and many more. They also have beautiful bags, and tissue papers for any gifts you may want to give to someone special.

Speaking of gifts, there is no need to go crazy and get many things that they will not be able to use all year. Yes, that giant teddy bear seems like the perfect present that they may love, but two months down the road it'll be taking up too much space, and you'll be out $50. Instead of buying that teddy bear, look for things that they may find useful later on. Don't buy them a spatula or something weird like that, but maybe a nice mug with the first letter of their name on it. Get something for them that shows you listen; maybe someone stole their Yeti cup last year, and you remembered them telling you, so you replace it.

Valentine's Day is a great holiday and a great time to show your special someone how much you care about them, but there is no need to break the bank. Honestly, just spend quality time with your person and you'll have an amazing day.

The Lions' Pride Weekly Word Search

Valentines Day

C	J	Y	K	B	P	B	L	P	E	J	M	Y	A	I	W	Q	I	X	N	T	U	P	A	J	U	C	S	O	S
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VALENTINES
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FEELINGS
CANDY

Worldy

From the Land of Smiles to the Sunshine State

By Rebecca Hugh
Advertising Manager

Photo provided by Rebecca Hugh

Leading up to my last days in Thailand, Hugh and her roommate decided to head up north to Chiang Mai and roam the town, to visit various sites, such as Royal Park Rajapruek and rode rented moped to see other sites and international gardens.

It takes six weeks to create a habit, and it took me six weeks to make a habit of eating Thai food portions, having rice embedded in every meal, having to bow to almost everyone to show respect and living in the Buddhist culture that is prominent in Thailand.

While being there, I created my own routine:

Mondays/Wednesdays/Fridays: wake up, ride the shuttle to school, attend classes, eat lunch, more classes, then ride the shuttle back home to catch my friends for dinner. Tuesday/Thursdays were reserved for exploring more of the street food along the strip I lived on, but also catching the 515 bus to either the closest mall or into Bangkok. And, the weekends were reserved for traveling in or out of Thailand.

However, in my departure session with my International Studies Abroad (ISA) representative, Megan Dekievit, the Resident Director educated my new ISA family on various important information needed upon returning home.

Our sendoff packets included information on when transcripts would be sent, how to properly check out of our apartments, equivalences for grades, etc. But, what she really warned us about was experiencing reverse culture shock. Since I'm originally from Jamaica and I've been studying abroad in the U.S.A. for my entire college life, I thought transitioning back to my American college would be easy. Boy, was I wrong. Studying abroad in an Asian country for almost three and half months truly impacted me in a way I did not know until I left.

Photo provided by Rebecca Hugh

Hugh attended Mahidol University International College student, wear she had to wear the official uniform each day at school.

It took me three days to get to Thailand, and it took me three days to fly back home. After getting home and instantly falling asleep, when I finally woke up on the second day, I was puzzled as to what to eat for breakfast. In my fridge I had eggs, sausage links, avocados, everything I needed to make a regular breakfast meal. But, I couldn't help but think of eating pad thai noodles, or chicken skewers with sticky rice.

Fast forward to moving back on to Saint Leo's campus. With my previously on-the-go schedule, coming back seemed so mundane in comparison to the life I was living; however, I was also hit with the realization of how diverse the campus really is. Being Asian myself and living for one semester in an Asian country with little diversity, I now suddenly stuck out as a student.

Now, no offense to the cafeteria, but I was turned off by the food and was screaming (in my head) for some green or yellow curry chicken with rice or tom yum soup with noodles. Even eating off campus took some getting used to, because in Thailand I would spend on average two to three American dollars on food, so going anywhere and paying $10 and up for a meal was just blasphemy.

Being back, the weather also put a damper on my mood. I returned to Florida's "winter" while right now in Thailand it's a nice, warm 86 degrees Fahrenheit.

I think the one thing I miss the most is the friendliness of the Thai people. Coming back and being given uninterested looks and half-served sincerity took me for a whirlwind.

Just looking back and reminiscing is giving me some serious FOMO (fear of missing out). Watching the "insta-stories" of friends who decided to stay an extra semester in Thailand has made me miss it even more than I realized.

From Muay Thai fights to island hopping, rooftop bars to markets, nothing is more exciting than living in a new environment and experiencing all it has to offer.

"One's destination is never a place, but a new way of seeing things."- Henry Miller

Photo provided by Rebecca Hugh

Since Hugh was already on the eastern side of the world, she decided to fly to Hong Kong to visit family members and visit various sites, such as the Madame Tussauds Museum.

Arts & Entertainment

61st Grammy Awards Predictions

By Madison Whatley and Bernard Ramos
A&E Editor and Advertising Manager

The 61st Annual Grammy Awards will be held Sunday, Feb. 10, hosted by Alicia Keys. Madison and Bernard's insights are preceded by their respective initials. Be sure to tune into the Grammys on Sunday to find out who wins.

Record of the Year

***I Like It* by Cardi B, Bad Bunny, & J Balvin**

***The Joke* by Brandi Charlie**

***This is America* by Childish Gambino**

***God's Plan* by Drake**

***Shallow* by Lady Gaga & Bradley Cooper**

***All the Stars* by Kendrick Lamar & SZA**

***Rock Star* by Post Malone feat. 21 Savage**

***The Middle* by Zedd, Maren Morris, & Grey**

MW: I would choose "I Like It" because that song best reflects 2018 to me. Cardi B's career has exploded in the last year and a half, and people adore her. The Latin influence in the song makes it even more enjoyable, and the duality of the lyrics in English and Spanish best represents American culture. Also, It's just fun to listen to. Personally, I've gotten tired of Drake and Post Malone as they have been overplayed and, really, weren't very good rappers to start with. I have to admit that I loved "God's Plan," especially when the music video came out of Drake giving out cash around Miami (an area with a poverty rate nearly double the national average) to families, students and even the fire department. However, Drake has been scrutinized recently for his treatment of underage girls, and given that last year many stars wore white roses to the Grammys in solidarity for the #TimesUp movement, it would not be appropriate to see him awarded at the ceremony.
BR: I have to go with Madison on "I Like It" because this became the song of 2018. 2018 was the year of Cardi B when she became popular with her music and just how she is as a person. I thought it was interesting how the song had Bad Bunny in it because his career has exploded as well in 2018. Just like "Despacito," this song had a mix of Spanish and English but with some rap with it. Although I believe "I Like It" will be the winner for this category I do know "This Is America" was popular in 2018 as well. "This Is America" brought up a lot of issues that are going on in the real world and he even shows it in an entertaining music video that opens your eyes. Between these two songs, I believe "I Like It" will end up being the winner.

Album of the Year

***Invasion of Privacy* by Cardi B**

***By the Way, I Forgive You* by Brandi Carlile**

***Scorpion* by Drake**

***H.E.R* by H.E.R**

***Beerbongs & Bentleys* by Post Malone**

***Dirty Computer* by Janelle Monae**

***Golden Hour* by Kacey Musgraves**

***BLACK PANTHER*: THE ALBUM, MUSIC FROM AND INSPIRED BY (Various Artists)**

MW: "Invasion of Privacy" by Cardi B should win. 2018 was a great year for Cardi B. The album contains hits such as "Be Careful," "Bodak Yellow," "I Like It" and "Ring." The album also has a lot of good features from Kehlani, 21 Savage, J Balvin, Bad Bunny, Migos, SZA, YG and Chance the Rapper. I sincerely hope that neither Drake nor Post Malone takes it home, but any of the other nominated albums are deserving.
BR: I would like to believe that "Invasion of Privacy" is going to win this but I have a feeling that "Scorpion" and "H.E.R." have a good chance of winning as well. "Invasion of Privacy" is filled with songs that you just know Cardi B created for everyone to get up dance and have some fun. The songs are catchy, easy to sing along to and bop your head. "Scorpion" by Drake became popular as well especially how he used his song "God's Plan." In the music video for "God's Plan," it showed how Drake was helping many people and families in Miami that were in need. This caught the media's attention. After this music video was released, he created more popular music videos, and this just gave more attention to his album. H.E.R. which is an acronym for Having Everything Revealed has become popular with creating an album where she is a voice for women.

Song of the Year

***All the Stars* by Kendrick Lamar and SZA**

***Boo'd Up* by Ella Mai**

***Gods Plan* by Drake**

***In My Blood* by Shawn Mendes**

***The Joke* by Brandi Carlile**

***The Middle* by Zedd, Marren Morris, and Grey**

***Shallow* by Lady Gaga and Bradley Cooper**

***This Is America* by Childish Gambino**

MW: "Boo'd Up" would be my pick for song of the year. It is also nominated for Best R&B song. Ella Mai is a 24-year-old English singer, and this song is her breakthrough hit to the mainstream. It is still played on local Hip Hop stations on a daily basis since its release in October. The single is described by Spotify as a "sparkling slow jam." I would compare it to the song "Ring" by Cardi B featuring Kehlani because of their similar feminine vibes.
BR: The song of the year is tough to predict because all of these songs were well liked and were popular all over the U.S. I do believe there's a toss-up between "Shallow" and "This Is America." "Shallow" is performed by Lady Gaga and Bradley Cooper in the film "A Star Is Born." When the first trailer for the film was released, they played "Shallow" where viewers would get chills listening to Gaga's voice. Once the movie came out the whole album for the film became popular, and "Shallow" started getting even more popular. It is heard on the radio now and has been nominated and won other awards. When "This Is America" was released it caused so much attention everywhere. Childish Gambino had a meaning to the song explaining what is going around the world right now and goes into detail how the media changes and hides what they show us. This cause a huge impact especially with what was going around the world. My prediction would be "This Is America" will win because of how relevant the song was and how it opened many eyes.

Best New Artist

Chloe X Halle

Luke Combs

Greta Van Fleet

H.E.R.

Dua Lipa

Margo Price

BEBE REXHA

Jorja Smith

MW: BEBE REXHA has proved herself as the Best New Artist to come out of 2018. She's very positive, funny and outspoken as a person, and she is a great performer as well. Her style is unique from other artists in mainstream music right now. She is a powerhouse singer and completely versatile. BEBE REXHA has worked with Country artist Florida Georgia Line, Rap artists Nicki Minaj, G-Eazy and Lil Wayne, Pop artist Louis Tomlinson and Reggaeton artist J Balvin. I would describe her music as primarily in the Dance genre, but it's very fun and free-spirited. I

Photo by @NRJMusicAwards

BEBE REXHA and Shawn Mendes are reportedly good friends. They support each others careers and Tweet at each other often.

Arts & Entertainment

think BEBE REXHA has a great chance of standing out in the music game as she has already had much success. Her signature look is platinum blonde hair held back by many bobby pins, and she often wears smokey eye makeup.
BR: Dua Lipa, H.E.R, and BEBE REXHA all three of these strong and powerful women deserve this reward, but sadly only one will win. Dua Lipa has become popular with creating many bops that makes you want to sing along to make you feel strong and independent. H.E.R. has been a voice of women and has been so empowering. When releasing her album "H.E.R." she wanted it to be popular and loved for the message she tried putting out in the world that women are strong and not alone. It shouldn't matter who she is but what matters is the message. BEBE REXHA got popular in 2018 when she released her own album after writing songs for other singers. BEBE REXHA has never been afraid of voicing her opinion about self-love and body positivity. She believes it shouldn't matter how you look on the outside. It's about how you are in the inside. There's been an issue that designers won't work with her because of her size. I predict BEBE REXHA will be the winner.

Best Pop Dual/ Group Performance

***Fall in Line* by Christina Arguilera feat. Demi Lovato**

***Don't Go Breaking My Heart* by The Backstreet Boys**

***Shallow* by Lady Gaga & Bradley Cooper**

***Girls Like You* by Maroon 5 feat. Cardi B**

***Say Something* by Justin Timberlake feat. Chris Stapleton**

***The Middle* by Zedd, Maren Morris & Grey**

MW: The Backstreet Boys deserve this award the most- hands down. "Don't Go Breaking My Heart" is a very successful pop song that sounds great! Other attempts by BSB to produce Pop music for the mainstream in recent years have sort of fallen flat, so it would be nice for them to get this win to prove that they still know exactly what they're doing. Just from hearing the song on the radio, you might even confuse them for today's biggest pop artists. Additionally, "Girls Like You" comes close but Maroon 5 and Cardi B aren't a good fit on the same single. It's a little awkward. "Fall in Line" just did not sound unique.
BR: "Shallow" with Lady Gaga and Bradley Cooper will win in this category. As I said before, the song has been all over the world, and even though it has been a few months since the movie came out, it's still popular. It has been announced that they will be performing the song for the Oscars, and they just performed in Las Vegas making the song popular again. I agree with Madison about "Girls Like You" because it became popular as well. Maroon 5 and Cardi B were an unlikely combination, but it was not enough to be award winning.

Best Pop Vocal Album

***Camila* by Camila Cabello**

***Meaning of Life* by Kelly Clarkson**

***Sweetener* by Ariana Grande**

***Shawn Mendes* by Shawn Mendes**

***Beautiful Trauma* by P!nk**

***Reputation* by Taylor Swift**

MW: "Camila," "Shawn Mendes" or "Sweetener" should win. All of those albums are really fun with catchy singles that make you want to dance. If I had to pick one, I'd probably go with "Shawn Mendes." His music is perfect for dancing or exercising. "Camila" is good for a laidback party, and "Sweetener" is good for doing homework or laundry, especially if you're in your feelings. As for "Reputation," I hope Taylor Swift's day is done because she never really excited me. Neither does P!nk or Kelly Clarkson's new music.
BR: This is a hard one for me to predict because all of these albums are amazing. If I have to narrow it down between two, it will be "Sweetener" by Ariana Grande and "Reputation" by Taylor Swift. As a Taylor Swift fan, I am playing favoritism, but this album has done well. There was a drama between Kanye and Taylor where she most likely wrote a song about this feud. She collaborated with Ed Sheeran, once again, in the song "End Game." After a lot of publicity, she stayed behind scenes until the media forgot about her. She came back strong with the "Reputation" album changing her style of music once again and broke records. "Sweetener" by Ariana Grande came out last year the year she has been through a lot. Between Mac Miller dying and her ex Pete Davidson, this album was her voice with everything that has been going on. She showed her fans both her weak times and her strong side trying to survive. She already has another album "Thank u, Next" coming out Feb. 8 that will make a huge impact again. The winner might be "Sweetener."

Best Rap Performance

***Be Careful* by Cardi B**

***Nice for What* by Drake**

***King's Dead* by Kendrick Lamar, Jay Rock, Future & James Blake**

***Bubblin'* by Anderson Paak**

***Sicko Mode* by Travis Scott, Drake, Big Hawk, & Swae Lee**

MW: "Be Careful" should win. Cardi B is a great performer from all of her sparkly, colorful outfits and accessories to her hilarious, upbeat presence. Crowds go crazy for her because she seems so relatable and authentic.
BR: This is a toss-up between "Be Careful" by Cardi B and "Nice for What" by Drake. Cardi B always makes her performances fun and entertaining so the crowd can get engaged. Not only are her performances fun, but her song "Be Careful" is about her past relationship where the people she was with were unfaithful and making her miserable. Cardi B tried making it clear that past relationships shouldn't mean anything to you and just live the life you deserve. "Nice for What" performed by Drake is one of the few singles he released for his album, "Scorpion." What makes this song so popular is catchy fat moving beat and the music video. In the music video, he has so many famous, strong women looking fierce. Between these two, I believe "Be Careful" will be the winner for this award.

Best Rap/Sung Performance

***Like I Do* by Christina Aguilera feat. Goldlink**

***Pretty Little Fears* by 6lack feat. J. Cole**

***This is America* by Childish Gambino**

***All the Stars* by Kendrick Lamar & SZA**

***Rockstar* by Post Malone feat. 21 Savage**

MW: "This Is America" should win because Childish Gambino gives it a heartfelt performance.
BR: I predict the winner for Best Rap/Sung Performance will be "Rockstar" by Post Malone feat. 21 Savage. The year of 2018 was the year for Post Malone where his music was heard everywhere. He became known by everyone in the summer. His music is catchy and some type of story about romance. "This Is America" has a chance of being a winner since it has multiple nominations for many other award shows. I believe the song is good especially with the message behind it, but I believe it needs to give others the chance. The winner will be "Rockstar."

Best Rap Album

***Invasion of Privacy* by Cardi B**

***Swimming* by Mac Miller**

***Victory Lap* by Nipsey Hussle**

***Daytona* by Pusha T**

***Astroworld* by Travis Scott**

MW: I'd like to see Pusha T win because it'd be nice to see someone who doesn't get as much attention receive the award. Because Mac Miller passed away last year, I am certain they will pay tribute in some way at the ceremony.
BR: Unfortunately, when it comes to rap music, I am a little clueless because it's not the type of genre I listen to. For this category, I turned to friends and my brother on their opinions for who will win and why. Many said "Invasion of Privacy" was good but will most likely win because of the popularity of Cardi B. My brother did believe that Daytona might have a chance of winning. Pusha T has a seven song album that's only 30 minutes and tells the story of the transition of being a drug dealer to being a famous rapper. He used many metaphors and lines referring to and explain his life situations. The clear winner will be Cardi B.

Best Compilation Soundtrack For Visual Media

Call Me By Your Name

Deadpool 2

The Greatest Showman

Lady Bird

Stranger Things

MW: "The Greatest Showman" will probably win. The songs are well-produced, and it was a very popular film. I can't even remember any of the songs in the other nominated films.
BR: The clear winner for this category is the soundtrack for "The Greatest Showman." The movie gained popularity before it came out when the song "This Is Me" came out and caught people's attention. Right after that "Rewrite the Stars" became just as popular as well. When you watch the movie and listen to these songs it brought you into the movie. When you compare this soundtrack to the other nominees, it outshines them.

Sports

How Long Can New England's Dominance Last?

By Collin Moran
Digital Editor-in-Chief

After an impressive sixth Super Bowl title for Tom Brady and Bill Belichick, how much longer can the New England Patriots' reign of dominance last? Despite experts thinking the team has been on a downfall for the last few seasons, the Patriots have been able to capture two of the last three Lombardi Trophies. Much of the recent success and the extended dominance over the last two decades have come because of the brilliant quarterback play of Brady and the incredible coaching mind of Belichick, but with the two men both the oldest at their profession to win a Super Bowl, the end has to be coming around soon.

Before turning 40 years old a few seasons ago, Tom Brady declared that he would like to play professional football until he is 45, and even just as recently as last month has said that he would like to stick with that promise. If that plan comes to fruition, which it looks like it might, it will give Brady another four years in the NFL and a very good chance to expand upon his current collection of Super Bowl rings.

As long as his star quarterback is playing well, it is tough to envision Bill Belichick going anywhere as well. The coach who will be 67 going into next season doesn't seem to be slowing down either and looks to be getting better with age. Even if Belichick chooses to leave the NFL when Brady does in another four years, he'll be getting out when he is 70, a time when many head coaches choose to walk away from the game or take a lesser role on a team a coordinator. Despite father time never failing, barring any injury it looks like Belichick will be coaching the Patriots with Brady under center for another four years, which will most likely be the maximum amount of time left for the duo.

Photo credit: @michiganalumni

After six Super Bowl titles, it is only a matter of time before Tom Brady and Bill Bilichick's reign of dominance in the NFL comes to an end.

The other things to look at will be the cast surrounding Brady on the field. Many of the offensive stars that the veteran quarterback has learned to trust aren't getting any younger and skill position players, unfortunately, don't last as long as signal callers. With Super Bowl MVP Julian Edelman set to turn 33 going into next season and missing 29 games over the last five years it's fair to wonder how much longer he'll be Brady's top option. Another loss that could come as early as this offseason would be the departure of tight end Rob Gronkowski. The star receiver considered retirement last offseason, and after a sub-par regular season in 2018, it's fair to wonder if he'll be done after winning yet another Super Bowl. It doesn't look like a given that these two stars will last the next four years with the Brady/Belichick tandem, but there is still hope for the organization.

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Popular Ways to Celebrate Valentine's Day

By Samantha Nolan
Contributing Writer

Valentine's Day has been a holiday since the 14th century, and it is most commonly known as the holiday of romance. Some people love it, while other people don't, but whether you like it or not people will still celebrate it every year.

"I love Valentine's Day, give me all of the chocolate and teddy bears," stated Kathleen Yetman, a student at Saint Leo and also a worker at The Abbey Tavern.

Giving someone candy and chocolates along with other sweet gifts on Valentine's Day has always been a tradition within the American culture, and you can find red, pink and purple colored gifts along with cards in almost every store you go to before Valentine's Day hits.

When it comes to Valentine's Day, the question always arises of how you are going to celebrate. Some people are single, so they choose to spend the day with friends while others may be in a relationship where they can opt to spend time with their significant other alone. There are many popular ways to spend your Valentine's Day and many fun activities to do even if you are single.

Photo credit: wikimediacommons

Giving someone candy and chocolates along with other sweet gifts on Valentine's Day has always been a tradition within the American culture.

Junior lacrosse player Delaney Chrisco stated, "I haven't actually done this but supposedly people can go to Hooters and shred a picture of their ex to receive a free basket of wings."

So, if you're sulking over a rough breakup, head on over to Hooters so you can get something nice (like a free basket of wings) on a day that might not make you feel the best. Sophomore Amelia Vandyke also said that she likes to hang out with some of her single friends so that they can have fun on a day that isn't exactly ideal for single people.

Even if you aren't celebrating the holiday, you can still go out and find some good deals on food and activities on Valentine's Day. For example, at Chili's, you can get a meal for two at $25 which includes an appetizer, an entree and a choice of dessert. This cannot only be shared with a significant other but also a friend.

For those people that do have significant others, there are other, more popular ways to celebrate the holiday with your boyfriend or girlfriend. Leslie Ferguson, a senior here at Saint Leo said that her boyfriend, Charlie Kurtenbach, also a senior, will be "taking [her] out to [their] favorite sushi restaurant."

Going out to dinner is a very popular way to spend Valentine's Day if you're in a relationship so if you haven't gotten those reservations to your favorite dine-in place yet, make sure you call in soon!

Kaylah Walstad, a senior lacrosse player also shares how she plans to spend her Valentine's Day.

"Me and my boyfriend will probably cook a nice dinner, and I'm going to get him a lot of chocolates! Maybe write him a cute letter as well," Walstad said.

To those couples out there trying to save money, make dinner at your place and that way you will be in a much more private and comfortable space as well. Having an indoor picnic can also always make things a little more fun.

All in all, Valentine's Day was

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